

## **CHAPTER 4.5-02.1-03 CLINICAL TRAINING**

### **Section**

4.5-02.1-03-01 Clinical Training Program

4.5-02.1-03-02 Internship Registration

**4.5-02.1-03-01. Clinical training program.** Each clinical training program for addiction counseling must be approved biennially by the board of addiction counseling examiners. An approved clinical training program must file a designated application form by October first of even-numbered years with the board and must meet the following conditions:

1. Facility requirements:
  - a. Training experiences must occur in at least two separate licensed treatment facilities with a minimum of three months in each facility, unless specifically approved by the board.
  - b. Licensed facilities must consist of at least one public provider of addiction treatment and may be at either an inpatient or outpatient treatment setting.
  - c. Each program may establish the length of its clinical training program, with a one thousand four hundred-hour minimum requirement.
  - d. Documentation must include:
    - (1) Evidence of licensure of each addiction treatment facility.
    - (2) Evidence of accreditation of each academic facility.
    - (3) Institutional training program policies and procedures, including an organizational chart and admission policies.
    - (4) Goals and objectives for each clinical component of the training site.
    - (5) Trainee handbook and guidelines, including trainee grievance procedure.
2. Curriculum requirements:
  - a. Documentation must be provided of syllabi of academic courses or other evidence of coursework quality.

- b. Documentation must be provided of provision of thirty hours of direct supervision and twenty hours of indirect supervision in each of the following clinical areas:
    - (1) Individual therapy.
    - (2) Intake and assessment.
    - (3) Group therapy.
    - (4) Family counseling.
  - c. Direct supervision occurs in session with clients, viewing or listening to videotape or audiotape, or verbatim report of a session.
  - d. Indirect supervision occurs when discussing process and in educational, ongoing meetings with a supervisor.
3. Academic and clinical staff requirements:
- a. Academic instruction requirements:
    - (1) Instruction must be provided by an instructor with an appropriate academic degree, qualified in the specific field of instruction.
    - (2) Instructors must be academic staff members of a college or university.
    - (3) Instructors must be board-approved, so must submit:
      - (a) A letter of introduction to the board.
      - (b) A resume, with education and experience in the field of addiction preferred.
      - (c) A syllabus for each core academic course taught.
  - b. Clinical training supervision requirements:
    - (1) Clinical supervision must be provided by a board-registered clinical supervisor.
    - (2) Clinical training programs must have one clinical supervisor for each individual clinical trainee.
4. A training program may submit an application without a specific academic site designated, but trainees accepted into the training program must meet board-approved academic coursework.

5. Individual clinical training programs may be board-approved when they are submitted by and under the auspices of an approved clinical training program. Each plan must:
  - a. Designate the board-registered clinical supervisor responsible for clinical training.
  - b. Provide additional information as requested by the board.
6. Should a clinical training program at any time not meet board standards or not be in compliance with ethical expectations, it may result in board revocation of clinical training program approval.

**History:** Effective January 1, 2002.

**General Authority:** NDCC 43-45-04

**Law Implemented:** NDCC 43-45-04, 43-45-05.1

**4.5-02.1-03-02. Internship registration.** The internship is the practice of addiction counseling, under the supervision of a board-registered clinical supervisor, after the academic and clinical training program requirements are met. An intern will become licensed when application criteria are met and examinations are passed. The intern's supervision must be verified in writing to the board by signature of the onsite clinical supervisor.

1. **Qualifications.** To be eligible for registration as an intern, the following must be met:
  - a. All core academic coursework has been completed.
  - b. All clinical training program requirements have been board-approved.
2. **Registration.** An individual requesting to be registered as an intern shall make formal application to the board documenting the applicant's qualifications as required by this section.
3. **Expiration.** An individual may remain an intern for a maximum of two years before completion of all examinations is required. Upon showing of good cause the board, by special provision, may extend internship status for longer than two years. Request for extension of the internship registration period is the responsibility of the clinical supervisor.

**History:** Effective January 1, 2002.

**General Authority:** NDCC 43-45-04

**Law Implemented:** NDCC 43-45-01, 43-45-04, 43-45-05.1